

PINEWOOD COURT S/S 2017 - WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl
	Oatmeal	Oatmeal	Red River Cereal	Oatmeal	Cream of Wheat	Oatmeal	Oatmeal
	Scrambled Eggs	Marble Cheese	Poached Egg	Cottage Cheese	Hard Boiled Egg	French Toast	Bacon & Egg
	Buttered Wheat	Buttered Raisin Bread	Buttered Wheat	Buttered Wheat	Buttered Wheat	Syrup	Buttered Wheat
	Toast	Brown Sugar Garnish	Toast	Toast	Toast	Brown Sugar Garnish	Toast
	2% Milk	Sugar	Brown Sugar Garnish	Brown Sugar Garnish	Brown Sugar Garnish	Sugar	Brown Sugar
	-----	Jelly / Jam	Sugar	Sugar	Sugar	Jelly / Jam	Garnish
	Assorted Cold Cereal	2% Milk	Jelly / Jam	Jelly / Jam	Jelly / Jam	2% Milk	Sugar
	Peanut Butter	-----	2% Milk	2% Milk	2% Milk	-----	Jelly / Jam
	Assorted Cold Cereal	-----	-----	-----	-----	Assorted Cold Cereal	2% Milk
	Buttered Wheat	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Peanut Butter	-----
	Toast	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Buttered Wheat	Assorted Cold Cereal
						Toast	Peanut Butter
L U N C H	Soda Crackers	Cream of Mushroom	Beef Vegetable Soup	Cream of Broccoli	Hearty Beef Barley	Navy Bean & Bacon	Chicken Noodle
	Tomato Rice Soup	Soup	Soda Crackers	Soup	Soup	Soup	Soup
	Mini Sub Sandwich	Soda Crackers	BBQ Pork Riblette on	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers
	Pickle Spear	Sliced Turkey on	White Bun	Sloppy Joe	Chicken Caesar	Chicken Strips	BBQ Hamburger on
	Chilled Pears	Wheat	Tomato Cucumber	Mixed Green Salad	Salad	Plum Sauce	Bun
	-----	Broccoli Coleslaw	Salad	Chilled Apricots	Cheese & Garlic	French Fries	Vinaigrette Coleslaw
	Weiners & Beans	Salad	Chilled Peach Slices	-----	Breadstick	Buttered WW Bread	Red Seedless
	Romaine & Onion	Cantaloupe Chunks	-----	Egg Salad Plate	Mandarin Oranges	Pineapple Tidbits	Grapes
	Salad	-----	Beef Ravioli & Sauce	Assorted Dinner Rolls	-----	-----	-----
	Whole Wheat Dinner	Cheese Omelet	Buttered Green Peas	Frosted Chocolate	Beef Pot Pie	Corned Beef on Rye	Tuna Noodle
Roll	Toast Points	Soft Garlic Stick	Cake	Brown Gravy	Three Bean Salad	Casserole	
Whipped Cherry	Diced Carrots	Vanilla Tapioca		Peas & Carrots	Rainbow Sherbet	Fancy Blend	
Gelatin	Buttered WW Bread	Pudding		Butterscotch		Vegetables	
	Ice Cream Sandwich			Pudding		Iced Orange Cake	
D I N N E R	Baked Cod	Beef Shepherds Pie	Chicken a la King	Cabbage & Beef	Lemon & Parsley	Beef Sausage	Roast Turkey
	Whipped Potatoes	Creamed Corn	Tea Biscuit	Casserole	Baked Salmon	Whipped Potatoes	Turkey Gravy
	Green Beans	Hot Spiced Apples	Fresh Watermelon	Diced Beets	Whipped Potatoes	Country Trio	Sage Bread Stuffing
	Buttered WW Bread	-----	-----	Chocolate Frosted	Prince Edward	Vegetables	Mashed Potatoes
	Lemon Juice	Chef Salad	Deli Salad Platter	Eclair	Veggies	Multigrain Roll	Diced Squash
	Mango	Assorted Dinner Rolls	Dinner Roll	-----	Buttered WW Bread	Blueberries	Cranberry Jelly
	-----	Butter Tart w/Raisins	Lemonicious Bar	Grilled Ham &	English Trifle	-----	Fresh Fruit
	Cottage Cheese &			Cheese	-----	Quiche Lorraine	-----
	Fruit			Chickpea Salad	BLT on Wheat	Mixed Green Salad	Egg Salad on Wheat
	Assorted Desserts			Fresh Grapes	Cucumber Slices	Peach UpsideDown	Carrot Raisin Salad
				Honeydew Melon	Cake	Banana Cream Pie	